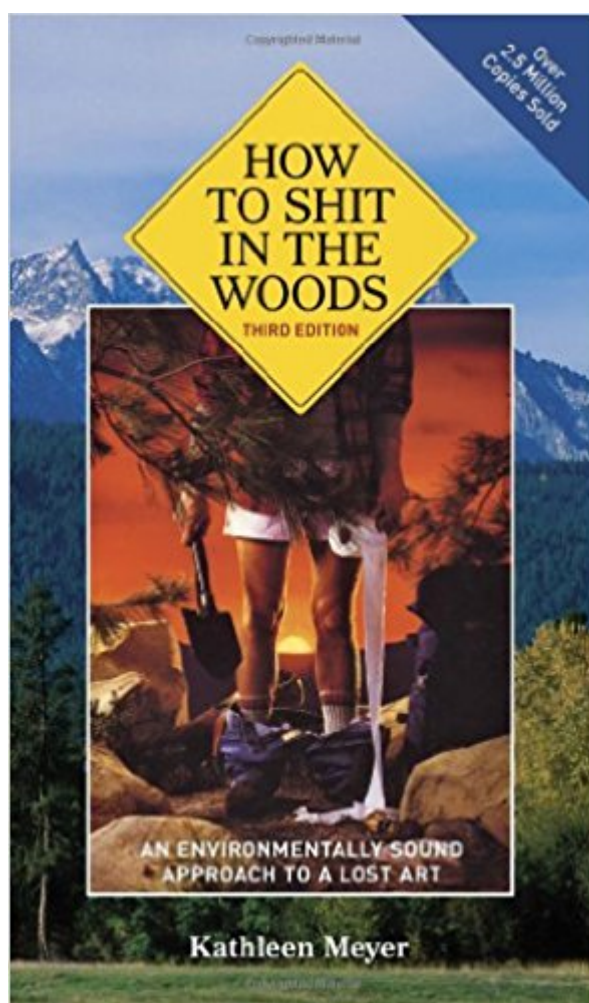


The book was found

How To Shit In The Woods, 3rd Edition: An Environmentally Sound Approach To A Lost Art



Synopsis

It's the feisty third edition of *How to Shit in the Woods*, jam-packed with new information for outdoor enthusiasts of every stripe. Hailed in its first edition as "the most important environmental book of the decade" by *Books of the Southwest*, and in its second as "the real shit" by the late, great, outdoor photographer Galen Rowell, this bestselling guide is often called the "backpacker's bible" and has sold more than 2.5 million copies in eight languages. Author Kathleen Meyer continues to pioneer the way with her inimitable voice—at once humorous, irreverent, and direct—examining the latest techniques for graceful backcountry elimination, and answering a desperate cry from nature concerning environmental precautions in our ever-shrinking wilds. As World changes come fast and furious, and in the backcountry it is no different. The practice of "packing-it-out," adopted to protect high use areas and fragile eco-systems, is here to stay. We are now often urged to haul our poop home. Or with increasing frequency, the whole business is mandatory. To assist with all this responsible human waste disposal, Meyer's new edition features the latest in product innovations, from classy high-tech to inexpensive do-it-yourself. She covers the most current solutions to the health risks of drinking straight from wilderness waterways; presents a raft of natural substitutes for the purist swearing off toilet tissue; and offers a wealth of new recommendations for ladies who must make do without a loo. This down-to-earth guide has been employed as a training aid for scout troops, outdoor schools, and wilderness programs for inner-city youth; for rangers with the U.S. Forest Service, National Park Service, and Bureau of Land Management; as well as for whitewater rafting guides, backcountry outfitters, and members of the military. In rowing hundreds of urbanites down whitewater rivers, Meyer honed her squatting skills and found she "wasn't alone in the klutz department." Her delightfully shameless discussion of a once-shameful activity, her erudite examination of its associated vocabulary, and her unapologetic promotion of its colorful vernacular make *How to Shit in the Woods* essential and vastly entertaining reading for anyone who's ever paused at the edge of the forest and pondered: "Where do I go to go?"

Book Information

Paperback: 136 pages

Publisher: Ten Speed Press; 3 edition (March 15, 2011)

Language: English

ISBN-10: 1580083633

ISBN-13: 978-1580083638

Product Dimensions: 5.1 x 0.4 x 8.6 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 64 customer reviews

Best Sellers Rank: #54,868 in Books (See Top 100 in Books) #28 in [Books > Sports & Outdoors > Hiking & Camping > Camping](#) #46 in [Books > Sports & Outdoors > Mountaineering > Mountain Climbing](#) #60 in [Books > Health, Fitness & Dieting > Safety & First Aid](#)

Customer Reviews

“Kathleen Meyer has contributed to environmental awareness while lending a grand old English word the respectability it hasn't had since Chaucer's day.”
--FRANK GRAHAM, Audubon magazine

A longtime outdoorswoman, KATHLEEN MEYER is the founding editor of *Headwaters*, published by Friends of the River. Her travel essays have been included in the *Travelers' Tales* anthologies *A Woman's Passion for Travel: More True Stories from a Woman's World* and *Sand in My Bra and Other Misadventures: Funny Women Write from the Road*. Her adventure memoir *Barefoot Hearted: A Wild Life Among Wildlife* was released by Villard in 2001. Whitewater rafter and canoeist, sea-kayaker and sailor, she is also a draft horse teamster, having traversed three Rocky Mountain states by horse-drawn wagon. Ever the nontraditional spirit, Meyer resides in an old, rather unrestored, dairy barn in Montana's Bitterroot Valley and is available for interviews. Visit her Website www.KathleenintheWoods.net and hop onto her blog *Shooting the Shit*

Just get it. It tells you everything you want and need to know in a matter of fact detailed way. Special chapter for ladies on how to handle business that my never-camped-before friend found useful.

This book was a gift. I read it a number of years ago, in an earlier edition. The receiver is a girl who has just gotten interested in camping. I hope someday she will get the chance to hike many places. I trekked in Nepal, walked along Hadrian's wall, and spent many hours in California state and national parks. If she does, the book should come in handy. In the earlier edition, there were two authors,

one of whom was an OB-GYN. Anyway, know which leaves are poison ivy or poison oak before wiping.

Don't be fooled by the title. It's a must-have for anyone who camps, rides, or canoes. And yes, it's a must-have even for scout groups.

Have you ever wondered how to poop in the potty when there ain't no potty? Wonder no more folks. This well written and entertaining book (with pictures) explain it all.

Who knew you needed a manual to s*** in the woods? Apparently the author felt it necessary to explain how to do what comes naturally when nature calls. And this book provides highly entertaining as well as enlightening reading while nature takes its course. Now I'm reporting theoretically, because I did not purchase this book for my own use - I get nervous when I'm more than ten feet from an electrical outlet - but rather as a gift for a more intrepid friend. He assured me, in elliptical terms to avoid TMI overload, that this book does indeed fill in critical informational gaps and thus satisfy a vital need in the available resources for woods-s***ting. But don't take my word for it. Get this book and start pooping!

Very funny and informative book. Since reading it, I have become much more vigilant about treating AND filtering my water, instead of just one or the other.

This book was bought as a gag gift for one of my hunter friends initially. However it is a well thought out book that was written very well. It is not comical at all

This is not a joke book... For those that trek into the wilderness, there are both sanitary and health issues to consider. Who else will teach you what they are?

[Download to continue reading...](#)

How to Shit in the Woods, 3rd Edition: An Environmentally Sound Approach to a Lost Art
Sound Innovations for String Orchestra: Sound Development (Intermediate) for Violin: Warm up Exercises for Tone and Technique for Intermediate String Orchestra (Sound Innovations Series for Strings)
ABC & 123 Learning Songs: Interactive Children's Sound Book (11 Button Sound) (11 Button Sound Book)
Making Waves: Sound : Sound (Everyday Science): Sound (Everyday Science) The SOS Guide to Live Sound: Optimising Your Band's Live-Performance Audio (Sound On Sound

Presents...) Beautiful Easy Lawns and Landscapes: A Year-Round Guide to a Low Maintenance Environmentally Safe Yard Easy Composting (Environmentally Friendly Gardening) Cleaning: All Natural Homemade Cleaning Recipes: A DIY Cleaning Guide to Safe, Environmentally Friendly Money-Saving Recipes: Aromatherapy, Clean, Organization, ... Organizing, Declutter, Organizing Book 1) Dynamic Response of Infrastructure to Environmentally Induced Loads: Analysis, Measurements, Testing, and Design (Lecture Notes in Civil Engineering) Essentials of Environmental Toxicology: The Effects of Environmentally Hazardous Substances on Human Health Father Water, Mother Woods: Essays on Fishing and Hunting in the North Woods (Laurel-Leaf Books) HUNTED IN THE WOODS;; Unexplained Vanishings & Mysterious Deaths; Creepy Mysteries of the Unexplained (Something in the Woods is Taking People) Stuart Woods Series Reading List - Will Lee Series - Stone Barrington Series - Holly Barker Series - Ed Eagle Series - Stand Alone Novels: STUART WOODS SERIES READING ORDER WITH SPECIAL ADDED MATERIAL You're the Shit: A totally inappropriate self-affirming adult coloring book (Totally Inappropriate Series) Up Shit Creek: A Collection of Horrifyingly True Wilderness Toilet Misadventures The Little Black Book of Bat Shit Crazy (The Survivor's Almanac 1) Get Shit Done!: To Do Notepad, Planner and Journal (Simple Daily Planners, Organizers and Notebooks for Men and Women) Get shit done!: For kick-ass women that want success now Shit Magnet: One Man's Miraculous Ability to Absorb the World's Guilt Shit to Do: Unicorn Dot Grid Journal, Over 150 Pages, 8" by 10" Notebook, Planner, and Sketch Book Diary for Bullet Grid Journaling, Calligraphy, and Hand Lettering

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)